

CHAPLET

OF THE

HOLY SPIRIT

**Nihil obstat: Reverend Ralph J. Lawrence**  
**July 29, 1998**

**Imprimatur: Most Reverend Carl K. Moeddel,**  
**Vicar General and Auxiliary Bishop of Cincinnati,**  
**August 4, 1998**

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## **INTRODUCTION**

No one could possibly love you more than God the Holy Spirit. You have given and received only natural love. God's love is supernatural. His love for you is unlimited.

He created you. Just as you are. Just as He wanted you to be. He wants you to know Him. He wants you to be happy and enjoy this world and this life He gave to you.

With His gifts, He gives you all you need to accomplish this. He wants to give you unlimited **W I S D O M , K N O W L E D G E a n d U N D E R S T A N D I N G .** He wants to **C O U N S E L** you and give you **F O R T I T U D E .** He wants to make it easy for you to be close and intimate with Him through His gift to you of **P I E T Y .** He wants to create in you a love for Him that will satisfy every want and desire you have.

When Jesus lived on the earth with His disciples, they were content to give up everything to follow Him, just to be near Him. With Him, they were safe and if they needed any COUNSEL they knew He could give them the answers. The disciples had never experienced or even heard of such a source of comfort and WISDOM on earth. So when it was time for Him to leave they were upset. He assured them by telling them He would send the Paraclete, the Comforter to be with them and with all of His followers.

When He lived among us as a man He could only be touched and seen and known by as many as were humanly possible. By sending His Spirit He could be present, in Spirit, to all, at all times.

George E. Schulhoff  
Apostle Of The Holy Spirit

## WHAT IS THE CHAPLET OF THE HOLY SPIRIT

The Chaplet Of The Holy Spirit is a scriptural account of the presence of the Holy Spirit in the lives of Jesus, Mary, the Apostles, and the souls of the just. By our frequent meditation on the Holy Spirit, our prayer life will deepen and a true spiritual conversion will take place.

*This Chaplet is humbly entrusted to the loving hands of Our Lady Of The Holy Spirit, that through her kindly prayers she may obtain His abundant blessing upon it.*

## BEFORE BEGINNING YOUR CHAPLET

Pause in silence for a moment, remembering that it is the Holy Spirit who prays in you, with you, and for you. And it is He who has brought you to this prayer. Let your prayer come from your heart and experience His peace.



## **BEGINNING YOUR CHAPLET**

In the name of the Father and the Son and of the Holy Spirit. *Amen.*

### **An Act of Love**

O Holy Spirit, source of all mercy, truth and holiness, it saddens me to think that there are many who oppose Your inspirations and blind themselves to the known truth. Accept this act of love for those offenses. I, too, have many times offended You by my sins. I now implore Your mercy and forgiveness; and I promise with the help of Your grace never to offend You again. You, Who are often forgotten and so little loved, grant that through the merits of Jesus our redeemer, we may come to know You more and more and realize, more fully, Your presence, Your power and Your intimate love.

### **“COME HOLY SPIRIT”**

Come, Holy Spirit, fill my heart with your holy gifts.

Let my weakness be penetrated with your strength this very day that I may fulfill the duties of my state in life conscientiously, that I may do what is right and just.

Let my charity be such as to offend no one and hurt no one's feelings; so generous as to pardon sincerely any wrong done to me.

Assist me in all the trials of life, enlighten me in my ignorance, advise me in my doubts, strengthen my weakness, help me in all needs and embarrassment, protect me in all afflictions.

Graciously hear me, O Holy Spirit, and pour your light into my heart, my soul and my mind. Assist me to live a holy life and to grow in goodness and grace.

## Jesus Is Conceived Of The Blessed Virgin Mary By The Power Of The Holy Spirit

### MEDITATION

“The Holy Spirit will come upon you and the power of the Most High will overshadow you; hence, the holy offspring to be born will be called Son of God.”

Luke: 1:35

### RESOLVE

Holy Spirit help me today as you helped Mary, to say yes to God's call to love Him. How can I love Him today? How can I respond to His love for me?

### PRAYER

Holy Spirit God of Love, fill my heart with Your precious Love. Let that Love overflow in me, as it did in Mary. Let that Love be so strong, that I will always say yes to Your call.





## Jesus Is Baptized

### MEDITATION

After Jesus was baptized, he came directly out of the water. Suddenly the sky opened and he saw the Holy Spirit of God descend like a dove and hover over him. With that, a voice from the heavens said, "This is my beloved son. My favor rests on him."

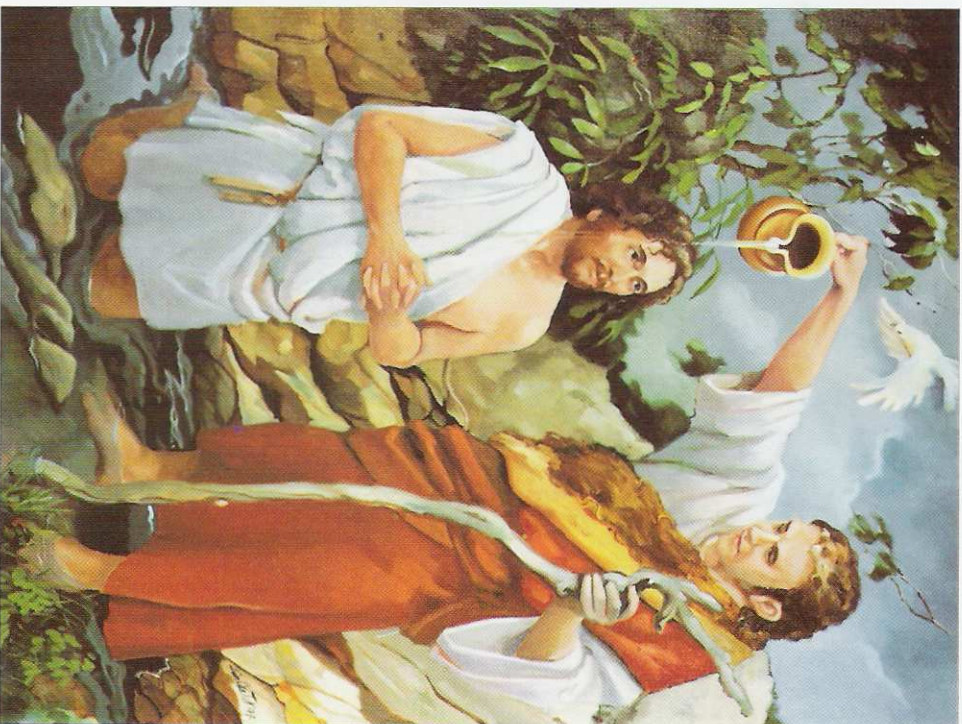
Mark 1:9-11

### RESOLVE

Is there a specific activity I might do in service to others? (Do I intercede in prayer asking for the Holy Spirit for others?)

### PRAYER

Loving God, in Baptism you sent me your Holy Spirit and gave me new life in your love. Increase my faith and help me to live more for others, so that I may be always faithful to your call.



## The Holy Spirit Leads Jesus Into The Desert To Be Tempted

### MEDITATION

Jesus, full of the Holy Spirit, then returned from the Jordan and was led by the Spirit into the desert where for forty days he was tempted by the devil.

Luke: 4:1-2

### RESOLVE

When I am tempted by the devil, let me remember the seven wonderful gifts given to me in Confirmation by the Holy Spirit: the spirit of Wisdom - Understanding - Counsel - Fortitude - Knowledge - Piety and Fear of the Lord. Let these be my shield against temptation. Do I ask the help of the Holy Spirit when I am tempted?

### PRAYER

Holy Spirit let my love be deeper for Jesus my God, who for my sake chose to subject Himself to the humiliation of temptation.





## The Holy Spirit Comes To The Apostles And Mary

### MEDITATION

Suddenly from up in the sky there came a noise like a strong, driving wind which was heard all through the house where they were seated... All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them.

Acts 2:2-4

### RESOLVE

Let me continue this great miracle of Pentecost by asking the Holy Spirit to help me make my witness for Jesus bolder, my love deeper, and my prayers always from my heart.

### PRAYER

Holy Spirit of God, come like a mighty rushing wind and awaken me out of my indifference. Disturb me, for I am too content to let things go on as they are, and to let people go on not knowing you. Penetrate the closed gate of my heart and make me live again. O Holy Spirit, create in our time a new, second Pentecost for the church and all humanity.





## The Holy Spirit lives in the souls of the just

### MEDITATION

You must know that your body is a temple of the Holy Spirit, who is within...Do not stifle the Spirit...Do nothing to sadden the Holy Spirit with whom you were sealed against the day of redemption.

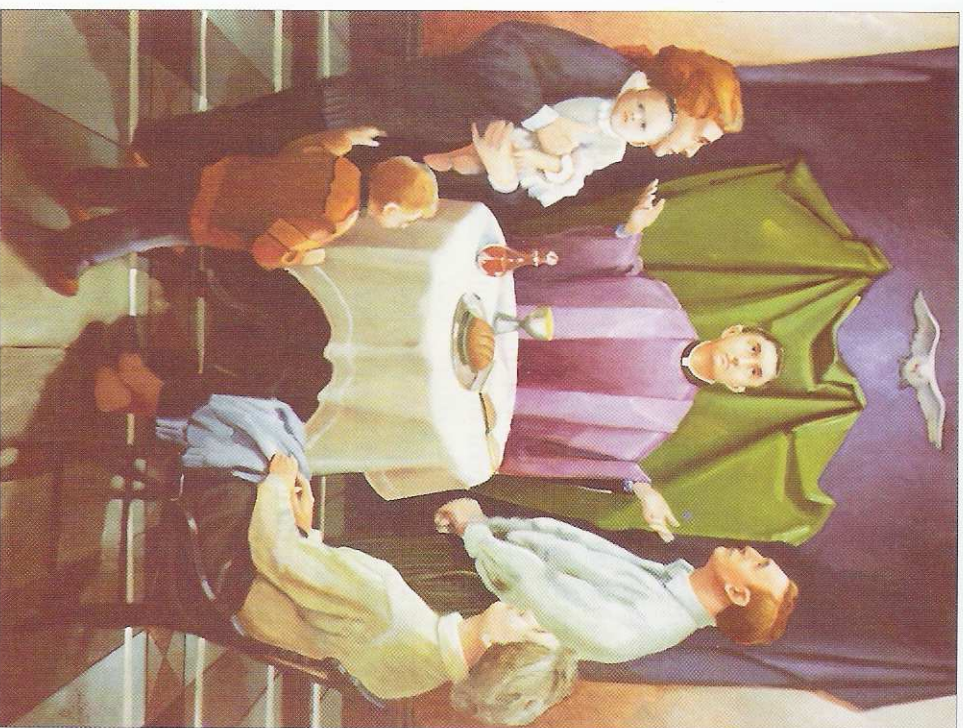
1Cor. 6:19 Thess. 5:19 Eph. 4:30

### RESOLVE

Do I really see myself as a temple of the Holy Spirit? Am I worthy? Am I wise and seeing? Do I judge and weigh all things in the light of eternal reality? Am I willing to belong entirely to Christ as he belongs to God the Father?

### PRAYER

O Holy Spirit, help me to remind myself and my family that we are your temple. Have mercy on our poor souls and prepare them as worthy dwelling places for you.



### **PRAYER FOR THE POPE**

Holy Spirit, source of all gifts, give to Your shepherd, the Pope, a spirit of courage and right judgement, a Spirit of knowledge and love.

Holy Spirit help Your Pope to govern with fidelity those entrusted to his care. May he, as successor to the apostle Peter and vicar of Christ, build Your Church into a sacrament of unity, love, and peace for all the world.

### **PRAYER FOR VOCATIONS**

O Holy Spirit we ask you to descend on the Christian youth of our land, so as to inspire them with the Spirit of sacrifice and love, and to give them the courage to accept the challenge.

May Your Spirit of Piety arouse in them zeal for souls; may Your Spirit of Fortitude give them the strength to listen to Your voice; may your Spirit of Counsel guide them to a true vocation; may Your Spirit of knowledge make them realize the truth of the words of Holy Scripture, "He who causes a sinner to be converted from the error of his way, shall save his soul"; may Your Spirit of Wisdom point out to them the nobility of Your service.



## **CLOSING PRAYER**

I thank you, Holy Spirit, for your message.  
Make it a living reality in my life, a constant  
guide at my side, a lamp for my feet and a light  
for my path. Let it mold my mind and shape  
my heart into the image of Christ, my Lord.

## **About the Paintings**

The original oil paintings, accompanying each meditation of the Chaplet, can be viewed at Our Lady of the Holy Spirit Center, 5440 Moeller Ave. Cincinnati, Ohio 45212.

Located in the Holy Spirit Prayer Hall, the paintings are on permanent display, and can be enjoyed in a wonderfully prayerful setting.

Painted by the renowned artist, Jim Cantrell of Bardstown, Kentucky, each large painting (37" x 49") is realistic in style yet overflowing with religious symbolism.

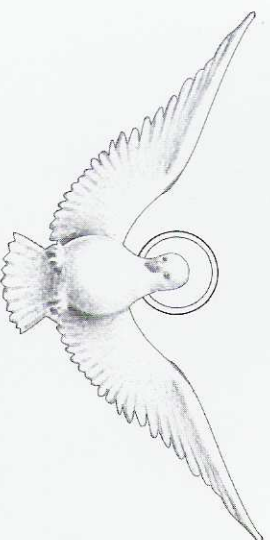
The paintings were commissioned by the Apostles of the Holy Spirit to foster a deeper love, devotion and service to the Holy Spirit.

## **A Short History Of The Apostles Of The Holy Spirit**

In August, 1948, the Apostles of the Holy Spirit was founded by George E. Schulhoff, of Cincinnati, Ohio, with the permission of Archbishop John T. McNicholas, who also gave them the name. From his hardware store he and his wife worked together, distributing pamphlets and financing advertising in the local newspapers in an effort to propagate Catholic truth, and spread the devotion of the Holy Spirit. They worked alone for five years with a steady increase of contacts on their mailing list. Full approval was granted in May, 1954 by Archbishop Karl J. Alter of Cincinnati.

### **Objective**

Spreading the Love, Devotion, and Understanding of the Holy Spirit our sanctifier.



**Listen to the Holy Spirit**

**Many of the Apostles Of The  
Holy Spirit recommend  
meditating on the booklet,**

**“Novena to the Holy Spirit  
Help Me to Know You”**

**a part of our daily prayer life.**

*(Send for a free copy)*

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